



majesticwellness
ACADEMY



Happy Healthy Life For Your Soul

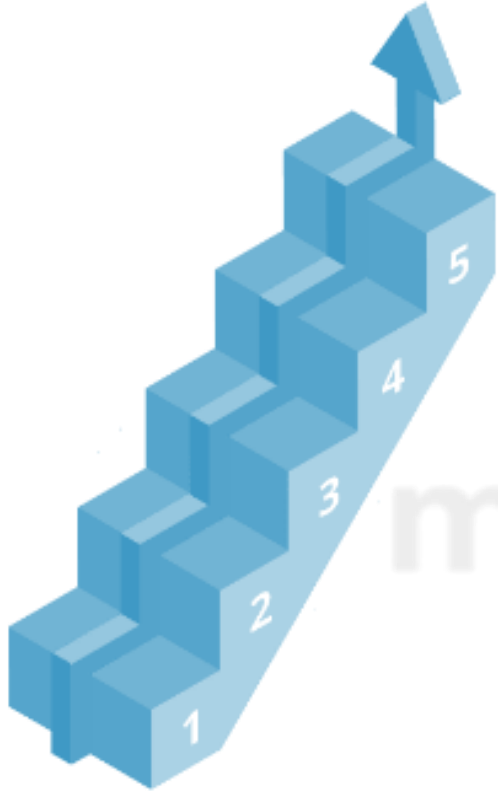
By: **Nina Venturella**
CEO and Founder of Majestic Wellness Academy
Creator of XTract™

Expectations and Choices

- What are my expectations of actually living a happy, healthy, life?
- It all starts with my current expectations. What are my expectations?
- What choice will you make today in every area of your life?
 - Relationships
 - Money
 - Attitude
 - Thoughts
 - Words
 - Purpose
 - Faith



Level to Receive



- Once you have your choices made, what level are you willing to go to receive it?
- What is your belief about your choices and what is the level of success you will have?

Questions

- Works
 - What is the amount of work you are willing to do yourself?
 - Is that the right course of action?
 - How has that worked out for you in the past?
 - How long do you want your results to last?
- Searching
 - Do you want to be continually searching for results?
 - Do you want to continue to strive in order just to survive?
 - How do I get out of that hamster running on a wheel?
- How do I begin?
- What do I need to do differently
 - Thoughts
 - Action
 - Choices
 - Words

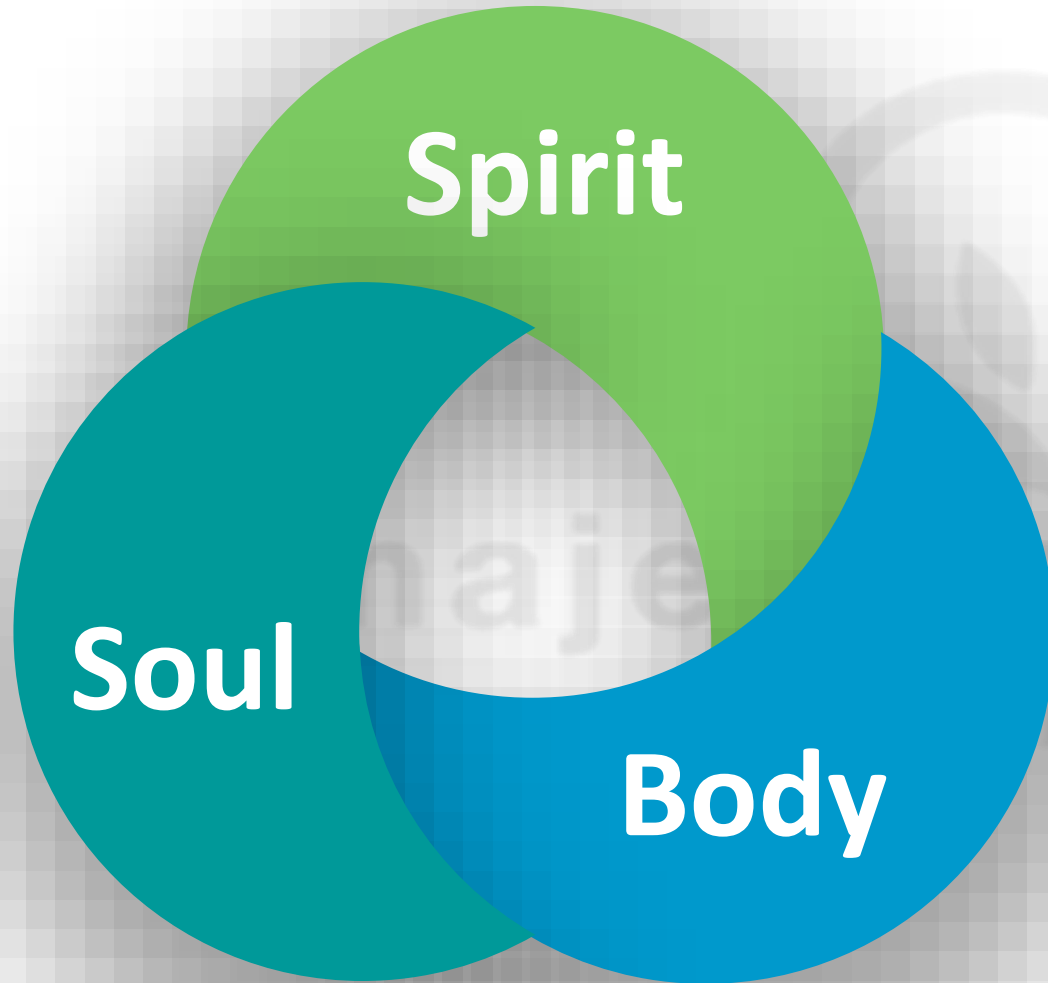


10 Protocols to a Happy Healthy Life

- It is all in the name.....



Unity Can be Achieved



Spirit

- Free yourself from spiritual influences
- Free yourself from spiritual bondage

Body

- Creates alignment
- Unify communication

Soul

- Exchanges lies for truth
- Define root causes